YOUR *Hidden* POWER

THE KEY TO UNLOCKING

more money, sexuality, success & magnetism

By the end of this guide, you'll understand yourself differently.

You'll discover what has been secretly controlling your choices, limiting your confidence, and keeping you from fully owning your power.

And once you see it, you can't unsee it

DASHA @GUIDED.COSMOS

What if the reason you're not getting what you want has *nothing to do* with how hard you're trying?

01
MONEY

You know you're capable of making more money, but you keep hitting the same ceiling.

02
VISIBILITY

You want to be seen, successful and recognized, but something stops you every time you're ready to take up more space.

03
CONFIDENCE

You want to feel confident and desirable, yet you still question whether you're attractive enough, interesting enough, or simply enough.

04
LOVE

You want a relationship where you feel chosen, wanted and secure, yet you keep ending up anxious, confused, jealous, or trying to prove your worth.

05
DESIRE

You want to own your sexuality and desire, without shame or needing someone else's attention to feel desirable.

These look like completely different problems.

What if I told you that they have the same root?

And that root is hiding in the part of yourself you were taught to reject.

You learned very early which versions of you were *acceptable.*

~~Be nice~~ ~~Be agreeable~~ ~~Don't ask for too much~~

~~Don't be too sexual~~ ~~Don't be too ambitious~~ ~~Don't be angry~~

~~Don't make anyone uncomfortable~~ ~~Don't take up too much space~~

So you adapted.

You pushed away the parts of yourself that felt too demanding, too powerful, too sexual, too emotional, too selfish, or simply "too much."

In psychology, these rejected parts become part of your shadow.

They still influence who you choose, what you tolerate, how much you ask for, how visible you allow yourself to become, and what you believe you're allowed to have.

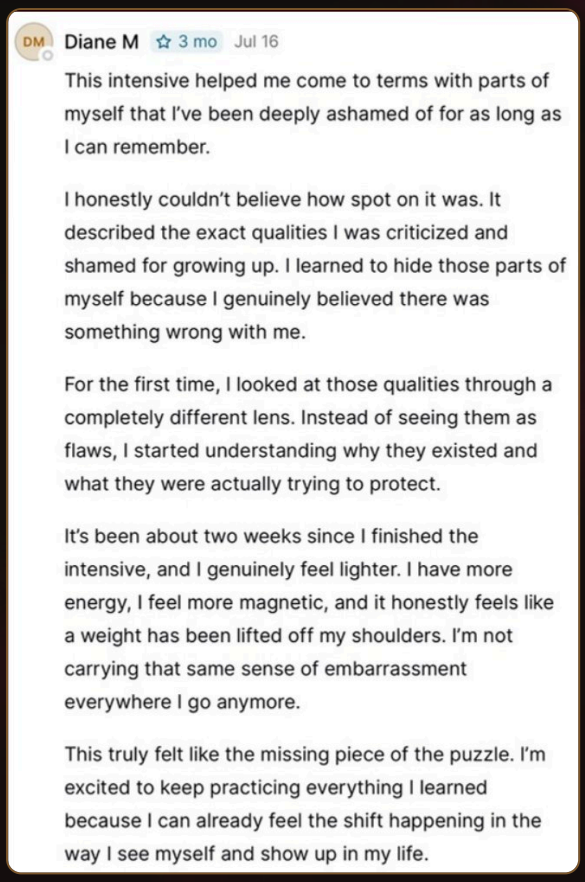
You can spend years working on yourself and still repeat the same patterns because understanding yourself intellectually isn't the same as seeing what you've learned to reject.

But suppressing them *doesn't make them disappear.*

There is one placement in your birth chart that can reveal the qualities, desires, emotions, and parts of your power you've been most likely to suppress or feel ashamed of.

It's your Lilith.

And very often, what you've been trying hardest to hide is exactly what you need to reclaim.



Diane M ☆ 3 mo Jul 16

This intensive helped me come to terms with parts of myself that I've been deeply ashamed of for as long as I can remember.

I honestly couldn't believe how spot on it was. It described the exact qualities I was criticized and shamed for growing up. I learned to hide those parts of myself because I genuinely believed there was something wrong with me.

For the first time, I looked at those qualities through a completely different lens. Instead of seeing them as flaws, I started understanding why they existed and what they were actually trying to protect.

It's been about two weeks since I finished the intensive, and I genuinely feel lighter. I have more energy, I feel more magnetic, and it honestly feels like a weight has been lifted off my shoulders. I'm not carrying that same sense of embarrassment everywhere I go anymore.

This truly felt like the missing piece of the puzzle. I'm excited to keep practicing everything I learned because I can already feel the shift happening in the way I see myself and show up in my life.

FROM THE LILITH INTENSIVE

The parts she was *ashamed of* were never the problem.

Real words from a woman who did this work.

FREE

How much is your shadow *running your life?*

Find out in the free Shadow Test.

TAKE THE FREE SHADOW TEST

Then keep reading. The guide is waiting right here.

01 · MONEY

You know you're capable of more. But somehow, you keep hitting *the same ceiling*

That's what makes it so frustrating. You work. You learn. You improve. You come up with ideas. You know you have something valuable to offer.

And somehow, your income still doesn't reflect what you know you're capable of. You hesitate before naming your price. You overthink every offer. You wait until everything is "perfect" before putting yourself out there. You watch other women charge more, sell more confidently, get noticed faster, and take opportunities you know you could handle too.

And part of you starts asking:

> *Why am I still here?*

> *Why am I still scared to ask for more?*

> *Why do I keep shrinking right when I'm supposed to expand?*

> *Why do I say I want success, then make myself invisible?*

This is where Lilith becomes impossible to ignore.

Lilith can show you where you learned that wanting more was selfish, being powerful was dangerous, being visible invited judgment, or taking up space made you "too much." And when those beliefs stay buried, they don't just affect how you feel.

They affect what you charge, what you ask for, what you pursue, what you turn down, and how much success you allow yourself to hold.

Sometimes the problem isn't another strategy.

It's that a part of you still doesn't feel safe becoming the woman who does.

SUPPRESSED POWER → PLAYING SMALL → LESS VISIBILITY → LESS MONEY

You need to stop suppressing

the power you already have.

02 · VISIBILITY

You want *more success*

Maybe you want to grow in your career, build a successful business, become a recognized expert, or grow a powerful personal brand.

But are you actually allowing yourself to be seen at that level?

You can be talented, ambitious, and incredibly good at what you do and still hold yourself back because being visible feels uncomfortable.

So you stay smaller than your potential.

You hesitate to speak up. You hide your ambition. You wait to feel more qualified.

You make yourself easier to approve of instead of impossible to ignore.

Lilith can show you where you suppress the exact qualities that could make you more visible, memorable, confident, and successful.

I know this pattern personally.

For years, I was afraid of being fully seen and judged. When I started working with this part of myself and allowed myself to show up more boldly, everything changed.

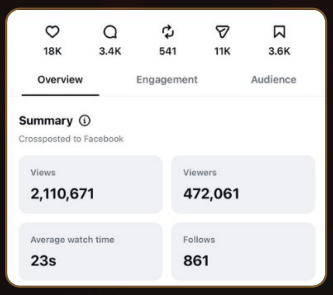
I grew my audience from

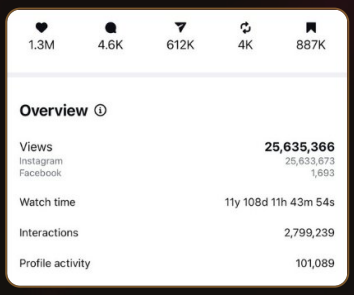
around 700 followers to over 100,000

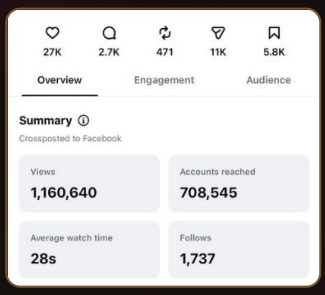
with my content reaching millions of people











And I didn't do it by becoming someone else.

I stopped hiding the parts of myself that made me stand out.

03 · DESIRE

You want to feel *sexy, confident, magnetic*

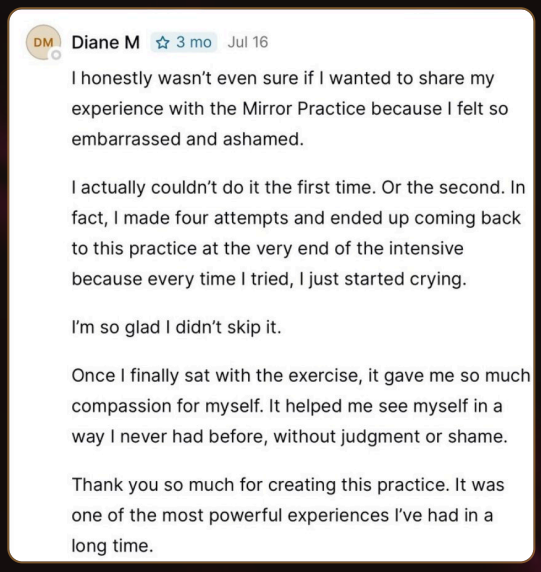
But instead, you compare yourself to other women.

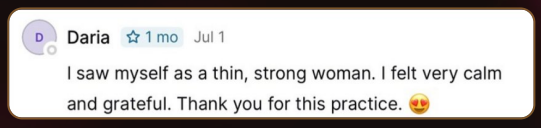
> *You constantly find something wrong with your body.*

> *You question whether you're attractive enough.*

> *You hold back sexually, struggle to fully enjoy pleasure, or feel ashamed of what you actually want.*

> *You want to feel desired, but deep down, you don't always feel desirable.*





And when you suppress this part of yourself, it doesn't stay in the bedroom.

Sexual energy and money are closely connected through desire, pleasure, receiving, confidence, and your ability to want more without shame.

If you struggle to receive pleasure, attention, desire, or abundance, the pattern may be deeper than you think.

Lilith shows you where you learned to reject your sensuality, body, desire, and sexual power.

You don't need to become more sexual.

You need to stop suppressing the woman who already is.

FREE SHADOW TEST

Recognize yourself here?

Take the free Shadow Test and see how deep it goes.

TAKE THE FREE SHADOW TEST

Then keep reading. The guide is waiting right here.

04 · LOVE

You want a man who chooses you, pursues you, values you, and makes you *feel deeply loved.*

You want effort. Attention. Generosity. Gifts. Affection. Consistency.

You want to feel safe asking for what you need and comfortable receiving more. But if you keep choosing men who give you less, **the problem isn't that you're asking for too much.**

MY STORY

For years, I chose men who made me feel like shit. I spent four years in an abusive relationship. And even after that relationship ended, I continued repeating patterns that made me feel unwanted, insecure, and not good enough.

It took years of therapy, coaching, courses, and working on myself to understand what I was accepting and why.

TODAY

Today, I'm married to a man who adores me, respects me, supports me, provides for me, and makes me feel chosen every single day.

That transformation started with what I was willing to believe I deserved and receive.





Lilith reveals where you suppress your *needs, standards, desire, anger, boundaries,* and *ability to receive.*

And when you start integrating those parts of yourself, you can stop:

- ♥ chasing love
- ♥ settling
- ♥ overgiving
- ♥ proving your worth

You can raise your standards. Ask for what you want. Receive without guilt. And choose relationships where you are actually valued.

The goal isn't to become the woman he chooses.



It's to become the woman who no longer chooses men

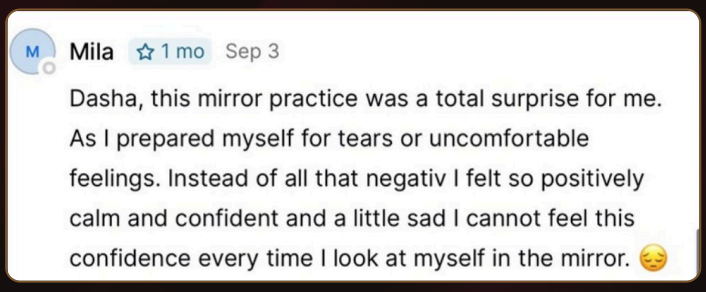
who give her less than she deserves.

What changes when you stop suppressing *the most powerful parts of yourself?*

- You trust yourself more.
- You feel more comfortable in your body and more connected to your sexuality.
- You stop second-guessing every decision.
- You become clearer about what you want, what you won't tolerate, and what you're no longer willing to settle for.
- You ask for more money instead of automatically making yourself cheaper.
- You allow yourself to receive more: more love, more pleasure, more attention, more money, more recognition.
- You take opportunities instead of waiting until you feel "ready."
- You stop performing the version of yourself you think people will approve of.
- You stop making yourself smaller so other people feel comfortable.
- You raise your standards in relationships and stop accepting attention that leaves you anxious, confused, or questioning your worth.

And you start showing up as yourself.
More confidence. More self-trust. Higher standards. Stronger boundaries. More visibility. More desire. More capacity to receive.

That is what working with Lilith can unlock.



Not a new version of you.
The version you stopped allowing yourself to be.

Done reading about it? Start working on it.
6 days, 20 to 30 minutes a day, $33.

START THE INTENSIVE

You can know your Lilith placement and still stay *completely stuck.*

You can know the sign. Know the house. Understand the pattern. Recognize yourself in every description.

And still keep choosing the same relationships, shrinking your desires, undercharging, hiding, overgiving, and doubting yourself.

Because information is not integration

The part no one tells you?

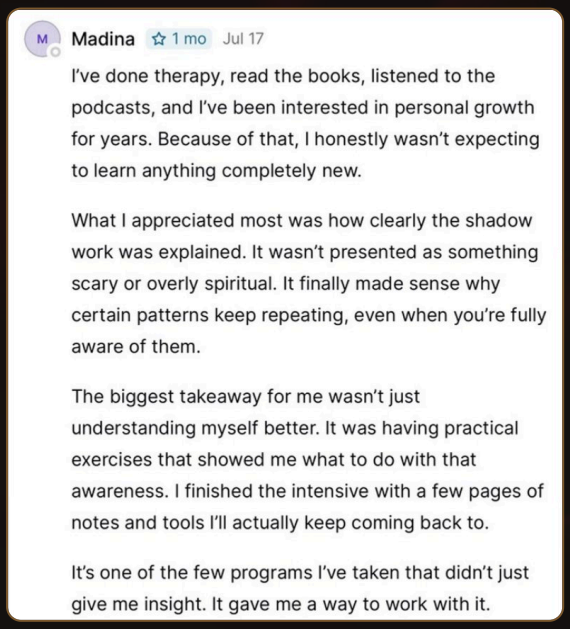
The healthier expression of your Lilith will often feel uncomfortable at first.

Asking for more can feel selfish. Being visible can feel unsafe. Setting standards can feel demanding. Owning your sexuality can feel shameful. Choosing yourself can feel wrong.

That discomfort is exactly why so many women understand their patterns and still repeat them.

You don't need more information about your Lilith. You need to learn how to work with it.

How to recognize the shadow when it shows up. How to stop letting it make your choices for you. And how to reclaim the parts of yourself you've spent years suppressing.



Madina ☆ 1 mo Jul 17

I've done therapy, read the books, listened to the podcasts, and I've been interested in personal growth for years. Because of that, I honestly wasn't expecting to learn anything completely new.

What I appreciated most was how clearly the shadow work was explained. It wasn't presented as something scary or overly spiritual. It finally made sense why certain patterns keep repeating, even when you're fully aware of them.

The biggest takeaway for me wasn't just understanding myself better. It was having practical exercises that showed me what to do with that awareness. I finished the intensive with a few pages of notes and tools I'll actually keep coming back to.

It's one of the few programs I've taken that didn't just give me insight. It gave me a way to work with it.

That's why I created my

Shadow Intensive

I AM READY. TAKE ME INTO THE INTENSIVE

LILITH: SHADOW, SEXUALITY & FEMININE POWER

Everything you've just read can give you awareness.
The Lilith Intensive is where you start doing something with it.

Who it's for

If you recognize yourself in the patterns we've discussed around money, visibility, confidence, relationships, sexuality, desire, or receiving, this 6-day Intensive gives you practical tools and exercises to start working with the shadow underneath them.

What you'll discover

You'll discover how your shadow shows up in real life, what you've learned to suppress, and how to start expressing those parts of yourself in a healthier, more powerful way.

Where it shows up

So you can start applying this work where it actually matters: your confidence, higher standards, relationships, boundaries, sexuality, visibility, self-trust, and ability to receive.

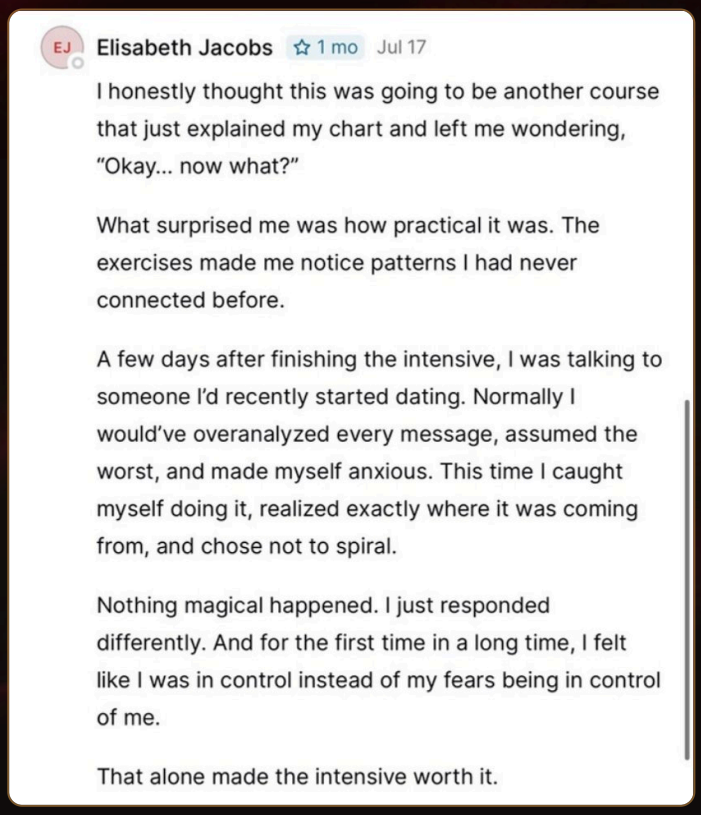
You've already recognized the pattern. Now it's time to work with it.

$33

6 days | 20 to 30 min a day | 6 months access

START THE INTENSIVE

See the full program, everything included, and all details on the website



EJ **Elisabeth Jacobs** ☆ 1 mo Jul 17

I honestly thought this was going to be another course that just explained my chart and left me wondering, "Okay... now what?"

What surprised me was how practical it was. The exercises made me notice patterns I had never connected before.

A few days after finishing the intensive, I was talking to someone I'd recently started dating. Normally I would've overanalyzed every message, assumed the worst, and made myself anxious. This time I caught myself doing it, realized exactly where it was coming from, and chose not to spiral.

Nothing magical happened. I just responded differently. And for the first time in a long time, I felt like I was in control instead of my fears being in control of me.

That alone made the intensive worth it.

Why I *created* this

I didn't find this work because my life was perfect. I found it because I needed to change mine. I spent four years in an abusive relationship where I was constantly made to feel like I wasn't enough.

And when that relationship ended, the patterns didn't disappear with it. I still had to understand why I chose what I chose. Why I tolerated what I tolerated. Why I could know better and still repeat the same dynamics.

That question turned into more than eight years of studying personal development and human behavior, five years of my own therapy, four coaching certifications including NLP, and extensive training in astrology and astropsychology.

But the most important lesson wasn't another certification. It was realizing that you can understand yourself incredibly well and still be controlled by *the parts of yourself you've learned to reject.*

My life looks completely different now. I'm happily married to a man who loves, respects, supports, and values me. I built a personal brand followed by more than 100,000 people and learned to let myself be seen.

I learned to ask for more, trust myself, raise my standards, and stop apologizing for wanting the life I actually want.

That is why I created the Lilith Intensive.

✕ Not to give you another description of who you are.

✕ Not to give you more information you recognize yourself in and then do nothing with.

But to give you a practical way to start working with the parts of yourself you've spent years suppressing. Because the parts of yourself you reject don't disappear. When you learn to work with them, they no longer control you.



Dasha

Not ready yet? Start with the free Shadow Test.

TAKE THE SHADOW TEST

JOIN THE INTENSIVE